

AN EXPERIMENT

A fun experiment is to take two quartz crystals into a dark room. Seal all light sources as much as possible. You can also do this under a blanket! Rub the two crystals together and watch what happens. They will begin to spark, perhaps even glow! This is triboluminescence. With a little care the same phenomena can be observed with sugar crystals by carefully striking two sugar cubes together.

Understand that each of the properties existed by quartz have multi-dimensional correlates and applications. It is beyond the scope of this article to pursue this line of thought, but allow yourself to contemplate the possibilities and then find a way to bring your contemplation and imagination into practical application.

CLEARING & CHARGING THE CRYSTAL

The first step in working with a crystal is to be able to clear and charge it.

NEVER IMMERSE A CRYSTAL IN DRY SALT, SALINE, OR ANY SALT BASED MIXTURE!

A saline solution will intrude into any of the microscopic fractures that exist in most uncut quartz crystals. When the water within these fractures evaporates after the crystal has been removed from the solution, the salt crystals will reconstitute and may expand the fractures even more. The saline can also leave a film on the surface of the crystal that reduces its

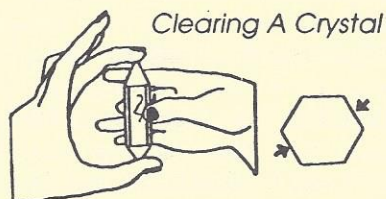
effectiveness as an instrument for spiritual healing and meditation.

Dry salt can leach out the normal moisture from a crystal leaving it dry and brittle as well as creating many tiny scratches on the surface which impair its efficacy as an information transfer device. Consider what would happen to a vinyl phonograph record if immersed into dry salt. Another example that those of you who wear glasses can relate to is the idea of placing your glasses in dry salt. The scratches would impair your ability to see with the spectacles very difficult. The same result occurs when immersing quartz into salt.

Contrary to popular "wisdom", salt seems to have no clearing or cleansing effect whatsoever when tested in a controlled situation with appropriate instrumentation. To date, only two methods seem to create any notable change in the crystal: the projection of consciousness and intent through the crystal or the application of a bulk demagnetizer or degausser.

To clear a charge from a crystal, the procedure is simple. Grasp the crystal's tips between the thumb and second finger of the dominant hand. Place the thumb and second finger of the other hand on opposing faces of the crystal. Breathe in with the intent to clear the crystal of all influences that are harmful or limiting to you. Hold the breath in for one or two seconds and then pulse the breath forcefully through the nostrils. do this for each set of opposing faces on the crys-

tal. This will effectively and measurably clear a charge from the crystal.



and is at its greatest potential charge when the operator's breath is inhaled and held. In an uncharged or cleared crystal the "stick" effect will not be elicited.

This charge differential can be determined with appropriate instrumentation, but in the absence of such equipment, the above subjective test can be quite useful.

Continued in the next issue of the Lifestream Letter.

The next step is to apply a charge or program the crystal. To do this hold the crystal in your dominant hand. Point the primary tip away from you and toward your opposite hand, slowly moving the crystal until you find the critical angle at which a small charge is felt in the non dominant hand. When this is sensed, inhale with the intent of charging the crystal with Love and Light. Hold the breath for one or two seconds, and then pulse the breath forcefully through the nostrils. when the crystal is charged it will be felt to oscillate, as if pulsating.

To ascertain if the crystal is charged, stroke a free surface with the second finger of your dominant hand as you hold the crystal with the other. If the crystal is charged, your finger will "stick" to the surface of the crystal when you exhale and will glide freely when you inhale. The crystal is responsive to the breath of the user

LOVE

IS

THE

LIGHT

OF

THE

WORLD

THE LIGHT BODIES OF
TATTENIANDA AND MARYA
from Chow Chow Imamoto

This is a photograph of the radiant crystalline light bodies of Tattenianda and Marya.

Tattenianda is Rev. Harrison D.D. founder of the Church of Revelation and Astral Physics School. His spiritual name is Tattenianda meaning bestower of spiritual gifts of liberated bliss.

Picture taking followed a special Tibetan Buddhist Tara Ritual of Light honoring the Dharma. The Ritual of Light was done in front of the altar of the Manjushri Buddha at the Wood Valley Temple in Pahala, Hawaii. Tattenianda had just concluded teaching a two week Retreat of Light at the Wood Valley Retreat Center.

Marya Seto Suwabe leads the Tibetan Buddhist attunement at the temple in the absence of the Resident Monk from Tibet. She posed with Tattenianda after completion of a special Tara Ritual of Light.

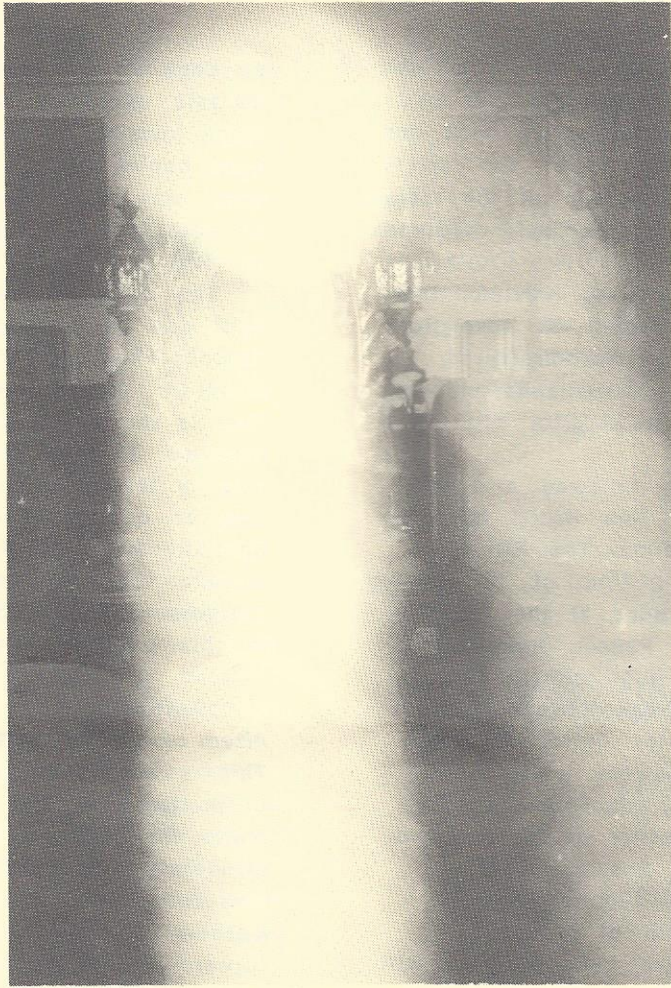
Tattenianda has been working with the Ritual of Light for eighteen years. The alignment of the heart chakras of the Manjushri Buddha, Tattenianda, and the photographer combined with the initiation of light undergone by Tattenianda and the photographer at that time created the possibility for this special picture to be obtained. Tattenianda says that light of the Buddha was absorbed by his spiritual and transmuted into a form that could

be captured on film. Tattenianda and Marya's physical forms were rendered invisible to the film while their light bodies became visible. The "snap shot" was taken with a small Konica A4 auto focus, 35mm F3.5 lens camera on RGB color print film 5297, ASA 200.

The spiraling helix structure of light can be observed throughout both figures. This is similar to a caduceus structure of counter rotating fields. This is the basic structure of the DNA molecule. The brilliant light in the head area is taking on the hexagonal structure of quartz crystal in patterns of light. It can be seen that there is an interaction between the energy bodies of Tattenianda and Marya demonstrated in this picture.

"Basically each of us is recognized by the brilliance of our light. This is an occult fact. The finer grade of matter built into our bodies determines the brilliance of our light. Light is vibration and can be measured with scientific instruments and cameras. Nothing can prevent man's progress forward in the cleansing of the personal vehicle. The within will shine forth with ever greater clarity as the refining process goes on until atomic matter predominates, great will be the inner glory of that person. Through meditation, discipline, and service man fans into radiant light, illuminating the three worlds."

-Alice A .Bailey: PONDER ON THIS
Lucis Trust, New York, New York



THE LIGHT BODIES OF TATTENIANDA
AND MARYA

A spirit photograph of the radiant
crystalline white light body.

Photo taken with a Konica A4
autofocus 35mm F3.5 lens, RGB ASA
200 film.

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For further information, contact the
photographer:

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RUMI DA
SEMINAR SCHEDULE:

EUROPEAN TOUR

GERMANY(DUSSELDORF)

OCTOBER 22: **THE PHOENIX PROCESS: *The Bardo - Death, Dying, and Rebirth***

OCTOBER 23-24: **DIMENSIONS OF THE SOUL SEMINAR**

NOVEMBER 10: **LIFESTREAM REIKI**

NOVEMBER 13-14: **LIFESTREAM CRYSTAL ENERGYWORK 1**

contact Doris or Joachim Aufmwasser at 011 (49) 211 7171 17

SWITZERLAND(ZURICH)

OCT. 29 - OCT 31: **LIFESTREAM CRYSTAL ENERGYWORK**

NOVEMBER 3: **USING THE VOGEL-CUT™ CRYSTAL**

NOVEMBER 4: **RECORDS ARE WRITTEN IN STONE (Accessing the Ancient Records)**

NOVEMBER 5 - 7: **LIFESTREAM CRYSTAL ENERGYWORK**

contact Hanna Haenseler
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THE LIFESTREAM LETTER

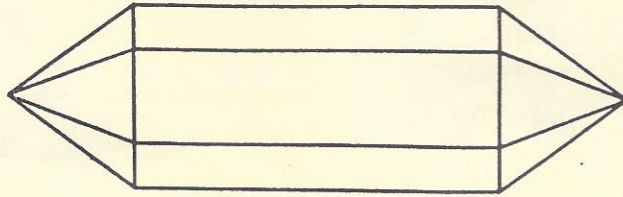
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*****NOTE:** Due to Rumi Da's seminar schedule you may be receiving your Lifestream Letter later than expected. The newsletter is a one person operation from conception to data entry, printing, pasting and delivery to the printers. We appreciate your patience in this matter.

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